



# David Lim

## Leadership Coach and Mountaineer

*The Sunday Times described him as "unstoppable" after he summited his 7th virgin peak in 2012*



David Lim is best known for leading the landmark 1st Singapore Everest Expedition in 1998 (as well as the second in 2001). Partially disabled from a devastating rare nerve disorder since 1998, his comeback story of overcoming the odds made the cover of the *Readers Digest* magazine in 2001.

### TOPICS:

- Reaching the Top
- Peak Performance
- Leadership
- Teamwork
- Achieving Goals
- Motivation

### IN DETAIL:

He was in management at a publishing house for nearly a decade until 1999. David is a past President of the Asia Professional Speakers and his work included being an adjunct lecturer for INSEAD Business School (2000-2009). A veteran of over 70 alpine and expedition ascents around the world, David continues climbing and achievements in recent years have included scaling 6000-metre virgin peak in Qinghai and making the first single-day, mobility-impaired ascent of the Mt Kinabalu in Borneo in 2013. David is also an Associate Meta-Coach, certified practitioner in Neuro-Semantics and Neuro-Linguistics Programming. His coaching practice has been widely profiled in *The Wall Street Journal* and Singapore's *The Straits Times* newspaper.

### LANGUAGES:

David presents in English and Chinese.

### WHAT HE OFFERS YOU:

David is a sought-after leadership coach, with expertise in negotiation skills, facilitating change, building high performing teams and creating experiential learning programmes. These add value to any client event and sustainable change initiatives.

### PUBLICATIONS:

2011 How Leaders Lead: 71 lessons in leading yourself and others

2004 Against Giants

1999 Mountain to Climb: A Quest for Everest and Beyond

### HOW HE PRESENTS:

David's presentation style is breezy with lots of humour, audience-interactive and backed not only by decades of leadership achievement, but also with the rigour of an understanding of how adults learn.