Debra Searle MVO, MBE

Adventurer, Author, Entrepreneur & TV Presenter

"Britain's sporting heroine" – The Times

Debra Searle is a businesswoman, professional adventurer and motivational speaker who is convinced that learning to choose the right attitude can transform our work lives and our personal lives. She has become a diversity ambassador promoting gender equality through innovative corporate programmes.

TOPICS:

- Choose Your Attitude - It's not Magic, it's Mindset
- Practical Tools for Building Resilience
- Mindset Strategies for not just Coping but Excelling during Periods of Change
- Personal Motivation Ideas for when the Journey only Seems to Be Getting Harder
- Teamwork - even when Miles apartAchieving Seemingly Impossible Goals
- How to Guard your Mental and Physical Wellbeing when the Pressure is on

LANGUAGES:

She presents in English.

PUBLICATIONS:

2007	The Journey
2001	Rowing it Alone

IN DETAIL:

Debra has won Gold World Championship medals for Great Britain, presented over 40 programmes for the BBC, become the youngest ever trustee of The Duke of Edinburgh's Award and successfully rowed solo across the Atlantic Ocean. She has launched five companies, including MIX Diversity Developers which works with global organisations on their Diversity, Equity and Inclusion strategies. She has been voted World #1 Female Motivational Speaker in the Global Gurus ranking. Debra has worked with companies such as Tesco, HSBC and eBay on developing female talent and seeking to stem the leaky pipeline of women to senior posts.

WHAT SHE OFFERS YOU:

Debra shares her highs and lows, personal battles and victories, to help illustrate in a very human way what we are all capable of. She gives her audiences practical strategies and techniques that they can apply to their own challenging situations and leaves them in no doubt of their own ability to achieve the extraordinary.

HOW SHE PRESENTS:

Debra is a fantastic storyteller, sharing amusing tales and anecdotes and speaking from the heart about her personal journey of discovery and the strategies she used to keep going and now uses in her business life.