



## Jamil Qureshi

Founder of JQED, Performance Coach

*"A leading performance psychologist"*

Jamil Qureshi is one of today's foremost practitioners of performance psychology and is an expert in high performance. As the co-founder of several change agencies Jamil has enjoyed working with a rich diversity of the most talented business and sports people and teams in the world.

### TOPICS:

- Executive Coaching
- Blame Looks Backwards, Responsibility Looks Forwards
- Psychology of Leadership
- The Disruptive Leader
- Complexity and Uncertainty, So What?
- Cultural Change Techniques
- Turning Ambition into Achievement

### LANGUAGES:

He presents in English.

### PUBLICATIONS:

**2008** The Mind Coach: Be the Person  
You Really Want to Be

### IN DETAIL:

Jamil has worked with business leaders and companies helping teams to fulfil their potential by orchestrating change and performance programmes. He has developed and delivered leadership programmes at board level for Coca Cola, Hewlett Packard, Emirates Airlines, Serco, O2, and Cisco Systems. Jamil has led teams responsible for change management in several high profile areas. Having spent fifteen years working with the world's elite, he is in a genuinely unique position to define 'the difference that makes the difference'. Jamil is one of only a few external psychologists ever to be allowed to study astronauts on the NASA Space Programme.

### WHAT HE OFFERS YOU:

Jamil shares with his audiences his practical insights into the psychology of attaining high performance as an individual or team. His knowledge in the area of optimising human potential comes from his experience of working with top performers in the world of sport and business.

### HOW HE PRESENTS:

Genuinely funny, provocative, and engaging, Jamil delivers all his talks in 'learning points' to ensure audiences obtain real value from the content and can take away the content in the most personally beneficial way.