



## Jessica Cox

**World's 1st Licensed Armless Pilot**

*"Think Outside the Shoe"*

Jessica Cox is best known for becoming the first armless pilot in aviation history. Born without arms as the result of a birth defect, she has never allowed that to be a limiting factor. Jessica has a Taekwondo black belt, learnt to drive a car with her feet, type with her toes and fly an airplane.

### TOPICS:

- Adventure/Travel
- Disability
- Motivation & Inspiration
- Overcoming Adversity

### IN DETAIL:

Jessica earned her Light Sport Pilot Certificate and entered the Guinness World Record for the "First Armless Person in the World Ever to Have Obtained a Pilot's Licence". This led to an audience with the Pope, meetings with heads of state, and a great deal of media attention. In the present, she has turned the tables on her so-called 'disability', allowing it to enable her as a motivational speaker and advocate in the USA and beyond. Putting an emphasis on the way we think versus our physical limitations, Jessica has shared her positive message in her travels to more than 20 countries. In the future there is no telling where her feet will take her.

### LANGUAGES:

She presents in English.

### PUBLICATIONS:

**2015** Disarm Your Limits: The Flight Formula to Lift You to Success and Propel You to the Next Horizon

### WHAT SHE OFFERS YOU:

Jessica shows audiences how to inspire enthusiasm and build authentic confidence. With the goal of showing people how to go home from work every day feeling excited for tomorrow, she teaches how to courageously tackle new challenges with creativity and unrelenting drive.

### HOW SHE PRESENTS:

Jessica demonstrates to the audience the physical challenges she had to overcome to get her pilot certification. By "thinking outside of the shoe" Jessica taught herself different ways to succeed by focusing on her ultimate goal.