

## Kyran Bracken MBE

**Former England Rugby Union Player and Captain**

*"Kyran's contribution to English rugby has been immense over his career"*



Kyran Bracken MBE is a rugby World Cup winning hero who was capped for England 51 times, 3 of them as captain. Kyran now concentrates on television and broadcasting and won the hugely popular television show *Dancing on Ice*. Kyran is entrepreneurial and he now owns and runs a touring ice skating show, among other business interests.

### TOPICS:

- Leadership in Tough Times
- Building a Winning Team
- The Determination to Succeed in any Walk of Life
- Transferring Skills
- Overcoming Adversity
- After Dinner Speaker
- Host
- Facilitator

### LANGUAGES:

He presents in English.

### PUBLICATIONS:

**2005** Behind the Scrum: The Autobiography

### IN DETAIL:

Kyran was known as a player who could pass accurately off both hands, a strong defender, a good kicker and always posed an attacking threat with great speed from a standing start. He battled back from a career threatening back injury to regain his captaincy and scrum half position at Saracens and won a place in Clive Woodward's triumphant 2003 England World Cup, making 4 appearances including winning his 50th Cap against Wales in the quarter-final. Kyran retired from international rugby in 2003, and from the Saracens at the end of the 2005/06 season after a glittering career which saw him win every international honour available with England and the Tetley's Bitter Cup with Saracens during his 10 year stint with the club.

### WHAT HE OFFERS YOU:

Kyran talks about his formula for success, using practical examples from an England team who progressed from nearly-men to World Champions. He explains how they had several leaders, each responsible for their own discipline but following a single game plan designed to leave the opposition in their wake. He is the ideal choice to speak on managing change, retraining and goal setting.

### HOW HE PRESENTS:

Kyran is an intelligent and a very talented speaker, who has the ability to educate, engage and entertain an audience and is always great fun to be around.