



# Dr. Mario Alonso Puig

## Leadership and Creativity Expert

*"One of the top researchers in human intelligence"*



Dr. Mario Alonso Puig is a doctor and neurologist and an expert on positive psychology, leadership, creativity, business innovation and change management. He has received the highest award of merit for Communication and Human Relations from the Dale Carnegie Institute in New York.

### TOPICS:

- Creating High Performance
- Creativity
- Change Management
- Business Innovation
- Interpersonal Intelligence
- Talent and Personal Development

### IN DETAIL:

From a medical perspective, on the front line of suffering, pain, illness, recovery and treatment, Dr. Alonso Puig has produced some theories and development programs for leadership, team building and high performance in pressured environments. He is a Professor in Leadership, Communication and Business Creativity on several programs at the Garrigues Center for Business Studies and Training where he demonstrates how to understand and develop essential team-leading skills. Trained at the Harvard University Graduate School of Education, he has been researching the fundamentals of human intelligence and learning for over 20 years. Mario is a member of the New York Academy of Sciences and the American Association for the Advancement of Science.

### LANGUAGES:

He presents in English and Spanish.

### WHAT HE OFFERS YOU:

In his talks, Dr. Alonso Puig speaks about the importance of our state of mind when dealing with life's problems in an increasingly complex world. He emphasises the importance of searching for advantageous approaches and offering alternatives.

### PUBLICATIONS:

**2011** Reinventing Yourself: Overcome Your Anxiety and Fear When Faced with Life's Problems and Challenges

### HOW HE PRESENTS:

Dr. Alonso Puig is a compelling storyteller with a unique gift for being able to inspire and motivate his audience.