



## Miles Hilton-Barber

**Blind Adventurer and World Record Holder**

*"My admiration for Miles is enormous..." Sir Ranulph Fiennes*

Miles Hilton-Barber has had the privilege of speaking at over 950 corporate events in 74 countries. Since the age of 50, he has set numerous world records undertaking extreme events across all seven continents including mountaineering, power-boat racing, scuba-diving, motor and supersonic flying amongst other achievements.

### TOPICS:

- Taking Advantage of Adversity in an Ever-Changing World
- Principles for Success in Both Your Personal and Business Life
- How to Regain Your Life/Work Balance Before it's Too Late!
- The Only Limits in Your Life Are Those You Accept Yourself
- Dream Big to Achieve Big
- Expect the Unexpected
- Never Give Up
- The Importance of Teamwork
- Don't Let Your Past Determine Your Future

### IN DETAIL:

Miles has been blind since his early twenties, but has not let that stop him from challenging barriers. He has sought adventure and succeeded on expeditions to deserts, mountains and the Polar Regions, setting numerous world records along the way, including; flying a microlight more than half-way around the world from London to Sydney Australia, man-hauling a sledge over 250 miles across Antarctica, holding the lap record for a blind driver on the Malaysian Grand Prix Circuit, climbing in the Himalayas and Mt. Kilimanjaro, undertaking the solo kamikaze skeleton run down the 5G Olympic bobsleigh track in Lillehammer, Norway, sky-diving, scuba-diving, wing-walking, white-water rafting down the Zambezi and much, much more....

### WHAT HE OFFERS YOU:

His presentations outline a radical yet simple set of life principles that will enable businesses and individuals to become more successful today, despite facing unprecedented global change. He will challenge you to look again at who you are, and how you can achieve so much more than you think you can in both your professional and personal life, because ?the only limits in your life are those you accept yourself.?

### LANGUAGES:

He presents in English.

### HOW HE PRESENTS:

He is an exceptional storyteller and corporate motivational speaker who provides a fast-moving, colourful and humorous presentation, with photos and video clips from his many expeditions and adventures.

### PUBLICATIONS:

2006 Living Your Dreams